Prayers for Self-Care

Lord, lift me up for Your blessings today.

I pray that you will anoint me with strength and self care today, tomorrow, and always.

I pray that You will grace me with patience and wisdom.

I pray that You will encourage me throughout the day to take the correct steps to walk proudly, and behave well.

I pray all of these things in Your name.

Amen.

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Lord, please heal my broken heart.

Fill me with the peace and joy I know can only come from You during this hard time.

Walk closely beside me during my journey to healing and recovery that I know is possible through Your power alone.

In Jesus' Name,

Amen.

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Lord of Heaven,
I rest underneath your mighty wings of love.
I dwell within your gentle heart.
I know there is healing in your touch.
Through the sufferings of Christ
I can ask for restoration
And trust in your goodness.
You are my Lord, my Savior,
My healer and my friend.
I dwell within your gentle embrace.

Amen.

Christ is Risen:
The world below lies desolate
Christ is Risen:
The spirits of evil are fallen
Christ is Risen:
The angels of God are rejoicing
Christ is Risen:
The tombs of the dead are empty
Christ is Risen indeed from the dead,
the first of the sleepers,
Glory and power are his forever and ever.

St. Hippolytus of Rome

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You are the peace of all things calm
You are the place to hide from harm
You are the light that shines in dark
You are the heart's eternal spark
You are the door that's open wide
You are the guest who waits inside
You are the stranger at the door
You are the calling of the poor
You are my Lord and with me still
You are my love, keep me from ill
You are the light, the truth, the way
You are my Saviour this very day.

Celtic Prayer

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If you have any suggested items for inclusion in the May prayer diary, please pass these to Faith Truran by 20th April 07791877817 faith@truranfamily.co.uk



Prayer Diary

April 2024



See! The winter is past;
the rains are over and gone.
Flowers appear on the earth;
the season of singing has come,
the cooing of doves is heard in our land.
The fig tree forms its early fruit;
the blossoming vines
spread their fragrance.

Song of Songs 2:11-13

For I will pour water on the thirsty land, and streams on the dry ground; I will pour out my Spirit on your offspring, and my blessing on your descendants. Isaiah 44:3

April 2024

Let us pray

Mon 1st: for the **Royal Family** especially **King Charles** and the **Princess of Wales**.

Tues 2nd: for **our government** to better understand the needs of those most in need in our country.

Wed 3rd: for the work of the **Food Bank** and those who use it.

Thurs 4th: for our **overstretched and exhausted NHS staff**; for patients afraid for the future.

Frid 5th: for **those needing extra care at home** and for their families struggling to provide it.

Sat 6th: for everyone living on **Witney Road** in Ducklington.

Sun 7th: for everyone attending the **Child Loss Service today**; for their grieving.

Mon 8th: for all the different work of the **Pastoral Team**.

Tues 9th: for the lonely and the housebound.

Wed 10th: for those facing difficult diagnoses and an uncertain future.

Thurs 11th: for those joining together at **Warm Welcome Space** today.

Frid 12th: for **people dealing with dementia** and their families.

Sat 13th: for **those suffering from mental health issues**; for more help for them and their families.

Sun 14th: for our activities and celebrations on this **Fritillary Sunday**.

Mon 15th: for **our children returning to school** today facing exams and possibly a change in school.

Tues 16th: for **the homeless**; for the work of **Centre Point** working with homeless young people.

Wed 17th: for the **Children's work** in our school and church community; for our Sunday school teachers.

Thurs 18th: for **Israel and its leaders**; for restraint and compassion.

Frid 19th: for **the people of Gaza**; for all their suffering and the organisations trying to help.

Sat 20th: for our **ministry team**: Andrea, Dave, Johan, Roy and Mary.

Sun 21st: for the family and friends of **Louis Pumfrett** as he is baptised today.

Mon 22nd: for **those forces in the world trying to destabilise this country;** for our intelligence organisations keeping us safe.

Tues 23rd: for the **people of Ukraine** still suffering the onslaught of Russian aggression.

Wed 24th: for the **asylum seekers** living at the hotel; for safe outcomes.

Thurs 25th: for **our government** to deal quickly and fairly with those who seek refuge here.

Frid 26th: for the 'people traffickers'.

Sat 27th: for the work of **Churches Together in Witney** meeting for the Prayer Breakfast this morning.

Sun 28th: for the **"Team and Togetherness" Community Event** today.

Mon 29th: for our **Church Wardens: Tricia** and Martin.

Tues 30th: for everyone living on **Curbridge Road** in Ducklington.

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May the glory and the promise
of this joyous time of year
bring peace
and happiness to you
and those you hold most dear.
And may Christ, Our Risen Saviour,
always be there by your side
to bless you
most abundantly a
and be your loving guide.

Amen.